

550 Prompts for Narrative and Personal Writing

Overcoming Adversity

1. [How Resilient Are You?](#)
2. [What Do You Do When You Encounter Obstacles to Success?](#)
3. [When Have You Failed? What Did You Learn From It?](#)
4. [Have You Ever Felt Like an Outsider?](#)
5. [What Are Your Secret Survival Strategies?](#)
6. [When Have You Reinvented Yourself?](#)
7. [How Often Do You Leave Your 'Comfort Zone'?](#)
8. [When Was the Last Time You Did Something That Scared or Challenged You?](#)
9. [How Do You Handle Fear?](#)
10. [What Do You Gain From Pursuing Something You Do Really, Really Badly?](#)
11. [Do You Give Yourself Enough Credit for Your Own Successes?](#)
12. [How Often Do You Cry?](#)
13. [How Do You Cope With Grief?](#)
14. [How Have You Handled Being the 'New Kid'?](#)
15. [How Do You Deal With Haters?](#)
16. [How Do You React When Provoked?](#)
17. [Does Stress Affect Your Ability to Make Good Decisions?](#)
18. [Are You Too Hard on Yourself?](#)
19. [How Do You Find Peace in Your Life?](#)
20. [Does Your Life Leave You Enough Time to Relax?](#)
21. [What Did You Once Hate but Now Like?](#)
22. [Do Adults Who Are 'Only Trying to Help' Sometimes Make Things Worse?](#)
23. [How Well Do You Take Criticism?](#)

Your Personality

24. [What Motivates You?](#)
25. [What Makes You Happy?](#)
26. [What Are You Good At?](#)
27. [How Do You Deal With Boredom?](#)
28. [Do You Like Being Alone?](#)
29. [How Full Is Your Glass?](#)
30. [Do You Have a Hard Time Making Decisions?](#)
31. [How Much Self-Control Do You Have?](#)
32. [Are You a Patient Person?](#)
33. [How Well Do Rewards and Incentives Work to Motivate You?](#)
34. [How Productive and Organized Are You?](#)

35. [Under What Conditions Do You Do Your Best Work?](#)
36. [How Do You Express Yourself Creatively?](#)
37. [Do You Hold Grudges?](#)
38. [How Good Are You at Judging Your Own Talents?](#)
39. [How Emotionally Intelligent Are You?](#)
40. [Do You Take More Risks When You Are Around Your Friends?](#)
41. [Are You a Procrastinator?](#)
42. [What Role Does Envy Play in Your Life?](#)
43. [How Much of a Daredevil Are You?](#)
44. [Are You a Perfectionist?](#)
45. [How Impulsive Are You?](#)
46. [Are You a Novelty-Seeker?](#)
47. [What Annoys You?](#)
48. [Do You Apologize Too Much?](#)
49. [What Animal Are You Most Like?](#)
50. [How Materialistic Are You?](#)
51. [How Easy — or Hard — Is It for You to Say No When You Want To?](#)
52. [Are You a Hoarder or a Minimalist?](#)
53. [Are You an Introvert or an Extrovert?](#)
54. [Are You Popular, Quirky or Conformist?](#)
55. [How Good Is Your Sense of Direction?](#)
56. [How Competitive Are You?](#)
57. [What Assumptions Do People Make About You?](#)
58. [Are You More of a Leader or a Follower?](#)

Hobbies

59. [What Are Your Hobbies?](#)
60. [What Are Your Passions?](#)
61. [What Would You Choose to Do If You Had Unlimited Free Time and No Restrictions?](#)
62. [Are There Activities You Used to Love That Are Now So Competitive They're Not Fun Anymore?](#)
63. [What Activities Make You Feel Most Alive?](#)
64. [What Do You Collect?](#)
65. [What Work, Sport or Pastime Do You Like to Do at Night?](#)

Daily Life

66. [Do You Wish You Had a Different Morning Routine?](#)
67. [What Ordinary Moments Would You Include in a Video About Your Life?](#)
68. [What Are Your Best 'Life Hacks'?](#)

69. [Do You Spend Enough Time With Other People?](#)
70. [How Do You Greet Your Friends and Family?](#)
71. [How Do You Remember What You Need to Remember?](#)
72. [What's Your Sunday Routine?](#)
73. [How Often Do You Talk to Yourself?](#)
74. [When and For What Reasons Do You Seek Silence?](#)
75. [What Habits Do You Have, and Have You Ever Tried to Change Them?](#)
76. [What Small Things Have You Seen and Taken Note Of Today?](#)
77. [What Are the Sounds That Make Up the Background Noise in Your Life?](#)
78. [What Sounds Annoy You?](#)
79. [What Public Behavior Annoys You Most?](#)
80. [What Are Some Recent Moments of Happiness in Your Life?](#)
81. [What Are You Grateful For?](#)

Role Models

82. [What Heroic Acts Have You Performed or Witnessed?](#)
83. [What Are Some 'Words of Wisdom' That Guide Your Life?](#)
84. [Who Outside Your Family Has Made a Difference in Your Life?](#)
85. [What Does the World Need to Know About an Important Person in Your Life?](#)
86. [To Whom, or What, Would You Like to Write a Thank-You Note?](#)
87. [What Does Dr. King's Legacy Mean to You?](#)
88. [What Six People, Living or Dead, Would You Invite to Dinner?](#)
89. [Who's Your 'Outsider Role Model'?](#)

Family

90. [How Do You Define 'Family'?](#)
91. [What Events Have Brought You Closer to Your Family?](#)
92. [What Have You and Your Family Accomplished Together?](#)
93. [What Is Your Relationship With Your Siblings Like?](#)
94. [Have You Ever Felt Pressured by Family or Others in Making an Important Decision About Your Future?](#)
95. [What Possessions Does Your Family Treasure?](#)
96. [What Hobbies Have Been Passed Down in Your Family?](#)

97. [What's the Story Behind Your Name?](#)
98. [How Have You Paid Tribute to Loved Ones?](#)
99. [What Family Traditions Do You Want to Carry On When You Get Older?](#)
100. [Did Your Parents Have a Life Before They Had Kids?](#)
101. [How Much Do You Know About Your Family's History?](#)
102. [Where Would You Visit To Find Out More About Your Family's Past?](#)

Parents & Parenting

103. [How Close Are You to Your Parents?](#)
104. [How Are You and Your Parents Alike and Different?](#)
105. [How Much Freedom Have Your Parents Given You?](#)
106. [Do You Push Your Parents' Buttons?](#)
107. [How Often Do You Fight With Your Parents?](#)
108. [Are Your Parents Addicted to Their Phones?](#)
109. [Is Your Family Stressed, Tired and Rushed?](#)
110. [How Do You Get What You Want From Your Parents?](#)
111. [Do You Ever Feel Embarrassed by Your Parents?](#)
112. [Do Your Parents Try Too Hard to Be Cool?](#)
113. [Do Your Parents Support Your Learning?](#)
114. [Do Your Parents Yell at You?](#)
115. [Do You Want Your Parents to Stop Asking You 'How Was School?'](#)
116. [How Much Do Your Parents Help With Your Homework?](#)
117. [How Has Your Family Helped or Hindered Your Transition to a New School?](#)
118. [Have Your Parents and Teachers Given You Room to Create?](#)
119. [Are You Conforming to or Rebelling Against Your Parents' Wishes for You?](#)
120. [What Advice Do You Have for Teenagers and Their Parents?](#)
121. [Do Your Parents Spy on You?](#)

Your Neighborhood

122. [What's Special About Your Hometown?](#)
123. [Who Are the 'Characters' That Make Your Town Interesting?](#)
124. [What Marketing Slogan Would You Use for Your Town or City?](#)
125. [After Home and School, Where Do You Find the Strongest Feeling of Community?](#)
126. [What Do the Types of Dogs in Your Neighborhood Say About Where You Live?](#)

127. [Who Is the ‘Mayor’ of Your School or Neighborhood?](#)
128. [How Much Does Your Neighborhood Define Who You Are?](#)
129. [What ‘Urban Legends’ Are There About Places in Your Area?](#)
130. [Do You Know Your Way Around Your City or Town?](#)
131. [How Well Do You Know Your Neighbors?](#)
132. [What Is Your Favorite Place?](#)
133. [What’s Your Favorite Neighborhood Joint?](#)
134. [What Is Your Favorite Street?](#)
135. [Do You Hang Out in the Park?](#)
136. [What Buildings Do You Love? What Buildings Do You Hate?](#)
137. [Have You Ever Interacted With the Police?](#)
138. [What Ideas Do You Have for Enhancing Your Community?](#)
139. [Where Do You Think You Will Live When You Are an Adult?](#)
140. [Would You Most Want to Live in a City, a Suburb or the Country?](#)

Your Home

141. [What is Your Favorite Place in Your House?](#)
142. [Do You Wish You Had the Go-to House?](#)
143. [Do You Need to De-Clutter Your Life?](#)
144. [Do You Plan on Saving Any of Your Belongings for the Future?](#)
145. [Is Your Bedroom a Nightmare?](#)
146. [What Would You Grab in a Fire?](#)
147. [Do You Think You Might Like Communal Living When You’re an Adult?](#)
148. [Who Lived Long Ago Where You Live Now?](#)
149. [What Would Your Dream Home Be Like?](#)
150. [What City or Town Most Captures Your Imagination?](#)

Childhood Memories

151. [What Was Your Most Precious Childhood Possession?](#)
152. [What Objects Tell the Story of Your Life?](#)
153. [Have You Ever Given, or Received, a Perfect Gift?](#)
154. [What Were Your Favorite Picture Books When You Were Little?](#)
155. [What’s the Best Party You’ve Ever Been To?](#)
156. [What Places Do You Remember Fondly From Childhood?](#)
157. [What Food or Flavor Do You Remember Tasting for the First Time?](#)

158. [What Do You Wish You Could See, Hear, Read or Experience for the First Time All Over Again?](#)
159. [Have You Ever Felt Embarrassed by Things You Used to Like?](#)
160. [Do You Wish You Could Return to Moments From Your Past?](#)
161. [Was There a Toy You Wanted as a Child but Never Got?](#)
162. [What Childhood Rules Did You Break?](#)
163. [What Is the Most Memorable Thing You Have Ever Lost or Found?](#)
164. [What Is Your Earliest Memory?](#)
165. [What Nicknames Have You Ever Gotten or Given?](#)
166. [What Are Your Best Sleepover Memories?](#)
167. [What Old, Worn Out Thing Can You Just Not Part With?](#)
168. [What Is Your Most Prized Possession?](#)

Growing Up

169. [What Have You Learned in Your Teens?](#)
170. [What Rites of Passage Mark the Transition to Adulthood in Your Community?](#)
171. [What Letter of Inspiration Would You Write to Your Younger Self?](#)
172. [Do You Hate When Adults Ask You What You Want to Be When You Grow Up?](#)
173. [Do You Look Forward to Old Age?](#)
174. [What Can Older People Learn From Your Generation?](#)
175. [What Have You Learned From Older People?](#)
176. [What Advice Do You Have for Younger Students?](#)
177. [Do You Recognize Yourself in Descriptions of ‘Generation Z’?](#)
178. [Do Other People Care Too Much About Your Post-High School Plans?](#)
179. [Do You Have ‘Emerging Adult’ Skills?](#)
180. [What Do Older Generations Misunderstand About Teenagers Today?](#)
181. [What Have You Learned From a Younger Person — and What Have You Taught An Older Person?](#)
182. [What Legacy Do You Want to Leave Behind?](#)

Morality & Ethics

183. [What Ethical Dilemmas Have You Faced?](#)
184. [Have You Ever Taken a Stand That Isolated You From Your Peers?](#)

185. [Have You Ever Donated Your Time, Talents, Possessions or Money to Support Anyone in Need?](#)
186. [What Acts of Kindness Have You Witnessed or Participated In?](#)
187. [Have You Ever 'Paid It Forward'?](#)
188. [How Would You Like to Help Our World?](#)
189. [What Would You Invent to Make the World a Better Place?](#)
190. [What Would You Risk Your Life For?](#)
191. [How Trustworthy Are You?](#)
192. [How Comfortable Are You With Lying?](#)
193. [When Do You Lie?](#)
194. [Have You Ever Lied to Your Parents or Done Something Behind Their Backs?](#)
195. [If You Drink or Use Drugs, Do Your Parents Know?](#)
196. [Have You Ever Taken Something You Weren't Supposed To?](#)
197. [Do You Ever Eavesdrop?](#)
198. [Do You Know How to Say 'I'm Sorry'?](#)

Religion, Spirituality & Beliefs

199. [What Is the Role of Religion or Spirituality in Your Life?](#)
200. [How Often Do You Start Conversations about Faith or Spirituality?](#)
201. [Do You Believe That Everything Happens for a Reason?](#)
202. [How Much Control Do You Think You Have Over Your Fate?](#)
203. [Can You Be Good Without God?](#)
204. [Can You Pass a Basic Religion Test?](#)
205. [What Can You Learn From Other Religions?](#)
206. [What Legends and Myths Do You Believe In?](#)
207. [Do You Believe in Astrology?](#)
208. [Do You Believe in Ghosts?](#)

Gender, Race & Sexuality

209. [Do You Feel Constricted by Gender Norms?](#)
210. [Do Parents Have Different Hopes and Standards for Their Sons Than for Their Daughters?](#)
211. [Have You Ever Been Told You Couldn't Do Something Because of Your Gender?](#)
212. [Is There Too Much Pressure on Girls to Have 'Perfect' Bodies?](#)
213. [How Much Pressure Do Boys Face to Have the Perfect Body?](#)
214. [What Experiences Have You Had With Gender Bias in School?](#)

215. [What Does it Mean to Be 'a Real Man'?](#)
216. [What Have You Learned From the Women in Your Life?](#)
217. [What Messages About Gender Have You Gotten From Music?](#)
218. [How Do You Feel About Being Told to Smile?](#)
219. [Have You Ever Tried to Hide Your Racial or Ethnic Identity?](#)
220. [Do You Ever Talk About Issues of Race and Class With Your Friends?](#)
221. [Have You Experienced Racism or Other Kinds of Discrimination in School?](#)
222. [What Has Your Sex Education Been Like?](#)

Money & Social Class

223. [What Are Your Attitudes Toward Money?](#)
224. [Are You a Saver or a Spender?](#)
225. [What Have Your Parents Taught You About Money?](#)
226. [Do You Expect Your Parents to Give You Money?](#)
227. [How Important a Role Has Money, Work or Social Class Played in Your Life?](#)
228. [Do You See Great Disparities of Wealth in Your Community?](#)
229. [Can Money Buy You Happiness?](#)
230. [What Are the Best Things in Life and Are They Free?](#)
231. [What Are Your Expectations About Earning, Saving and Spending Money?](#)
232. [How Much Financial Help Do You Expect From Your Parents in the Future?](#)
233. [What Choices Do You Make About Money Every Day?](#)

Technology

234. [Are You Distracted by Technology?](#)
235. [Are You Distracted by Your Phone?](#)
236. [Are You 'Addicted' to Texting?](#)
237. [Do Screens Get in the Way of the Rest of Your Life?](#)
238. [Do You Experience FOMO When You Unplug?](#)
239. [Could You Go a Year Without a Smartphone?](#)
240. [Is Your Phone Love Hurting Your Relationships?](#)
241. [How Much of Your Day is Voluntarily Spent Screen-Free?](#)
242. [To What Piece of Technology Would You Write a 'Love Letter'?](#)

The Internet

243. [How Do You Know if What You Read Online Is True?](#)
244. [How Much Do You Trust Online Reviews?](#)
245. [What Has YouTube Taught You?](#)
246. [What Would You Teach the World in an Online Video?](#)
247. [Do You Worry About Your Digital Privacy?](#)
248. [Do You Listen to Podcasts?](#)
249. [Would You Share an Embarrassing Story Online?](#)
250. [Do You Leave Funny Comments Online?](#)
251. [What Are Your Experiences With Internet-Based Urban Legends?](#)
252. [How Do You Use Wikipedia?](#)
253. [Have You Ever Been Scammed?](#)
254. [Whom Would You Share Your Passwords With?](#)
255. [Do You Ever Seek Advice on the Internet?](#)
256. [What Are Your Favorite Viral Videos?](#)

Social Media

257. [What Role Does Instagram Play in Your Life?](#)
258. [Do You Have 'Instagram Envy'?](#)
259. [Do the Adults in Your Life Follow You on Social Media?](#)
260. [Have You Ever Gone to a Place for the Primary Purpose of Taking Selfies?](#)
261. [Who Is Your Favorite Social Media Star?](#)
262. [How Much Do You Trust the Celebrities and Social Media Stars You Follow?](#)
263. [Are You the Same Person on Social Media as You Are in Real Life?](#)
264. [What Memorable Experiences Have You Had on Facebook?](#)
265. [Why Do You Share Photos?](#)
266. [How Do You Archive Your Life?](#)
267. [Have You Ever Posted, Emailed or Texted Something You Wish You Could Take Back?](#)
268. [Have You Ever Sent an Odd Message Because of Auto-Correct?](#)
269. [Would You Want Your Photo or Video to Go Viral?](#)
270. [Do You Worry Colleges or Employers Might Read Your Social Media Posts Someday?](#)
271. [What Advice Do You Have for Younger Kids About Navigating Social Media?](#)

Music

272. [What Are Your Earliest Memories of Music?](#)

273. [Who in Your Life Introduces You to New Music?](#)
274. [How Much Is Your Taste in Music Based on What Your Friends Like?](#)
275. [What Role Does Hip-Hop Play in Your Life?](#)
276. [What's Your Karaoke Song?](#)
277. [How Closely Do You Listen to Lyrics?](#)
278. [What Is Your Favorite Musical Instrument?](#)
279. [What Would You Name Your Band?](#)

Movies, Television & Video Games

280. [What Have You Learned About Life From Watching Movies?](#)
281. [What Is Your Favorite Sports Movie?](#)
282. [Do You Like Horror Movies?](#)
283. [What Are Your Favorite TV Shows?](#)
284. [What Role Does Television Play in Your Life and the Life of Your Family?](#)
285. [What Stereotypical Characters Make You Cringe?](#)
286. [Have You Fallen Into 'Friends' or Any Other Older Television Shows?](#)
287. [How Much Are You Influenced by Advertising?](#)
288. [Do You Play Violent Video Games?](#)
289. [Who Are Your Opponents in Online Gaming?](#)
290. [What Classic Video Games Do You Still Enjoy Playing?](#)
291. [Are You a Fortnite Addict?](#)
292. [Do You Gamify Your Life?](#)

Books & Reading

293. [Read Any Good Books Lately?](#)
294. [What Books Do You Think Every Teenager Should Read?](#)
295. [What Role Have Books Played in Your Life?](#)
296. [Has a Novel Ever Helped You Understand Yourself or Your World Better?](#)
297. [Has a Book, Movie, Television Show, Song or Video Game Ever Inspired You to Do Something New?](#)
298. [What Book Would You Add to the High School Curriculum?](#)
299. [What Have You Learned from Comics?](#)
300. [Do You Read or Write Poetry?](#)
301. [What Is the Scariest Story You Have Ever Heard?](#)

Writing

- 302. [What Purpose Does Writing Serve in Your Life?](#)
- 303. [Do You Keep a Diary or Journal?](#)
- 304. [Do You Want to Write a Book?](#)
- 305. [When Do You Write by Hand?](#)
- 306. [Do You Write in Cursive?](#)
- 307. [Do You Write in Your Books?](#)
- 308. [What ‘Mundane Moments’ From Your Life Might Make Great Essay Material?](#)
- 309. [What Is Your Most Memorable Writing Assignment?](#)
- 310. [Do You Ever Write About Challenges You Face in Life?](#)
- 311. [What’s Your Favorite Joke?](#)
- 312. [If You Had a Column in The New York Times, What Would You Write About?](#)
- 313. [What Would You Write in a Letter to the Editor?](#)

The Arts

- 314. [What Has Arts Education Done For You?](#)
- 315. [What Work of Art Has Changed Your Life?](#)
- 316. [What Are the Most Memorable Works of Visual Art You Have Seen?](#)
- 317. [Who Is Your Favorite Visual Artist? What Is Your Favorite Work of Art?](#)
- 318. [Which Photograph Stays In Your Memory?](#)
- 319. [What Would You Like to Learn to Make by Hand?](#)
- 320. [Are You Intimidated by Classical Music and Art?](#)
- 321. [Do You Love to Dance?](#)
- 322. [Have You Ever Performed for an Audience or Shared Creative Work With Others?](#)
- 323. [Have You Ever Stumbled Upon a Cool Public Performance?](#)
- 324. [What Show Do You Wish Your School Would Stage?](#)

Language & Speech

- 325. [What’s Your Favorite Word?](#)
- 326. [What Words Do You Hate?](#)
- 327. [Do You Say ‘Kind of, Sort of’ More Than You Realize?](#)
- 328. [What Makes a Great Conversation?](#)
- 329. [How Often Do You Have ‘Deep Discussions’?](#)
- 330. [Do You Wish Your Conversations Were Less Small Talk and More ‘Big Talk’?](#)
- 331. [How Much Information Is ‘Too Much Information’?](#)

- 332. [How Good Are You at Coming Up With Witty Comebacks?](#)
- 333. [Do You Sometimes ‘Hide’ Behind Irony?](#)
- 334. [How Good Is Your Grammar?](#)
- 335. [Do You Speak a Second, or Third, Language?](#)
- 336. [What Does Your Body Language Communicate?](#)

School

- 337. [Do You Like School?](#)
- 338. [Are You Stressed About School?](#)
- 339. [Are High School Students Being Worked Too Hard?](#)
- 340. [Would You Want to Go to a School Like This One?](#)
- 341. [How Much Do You Speak Up in School?](#)
- 342. [What ‘Pop-Up’ Classes Do You Wish Your School Offered?](#)
- 343. [Is Your School a Safe Learning Space?](#)
- 344. [Would You Want to Be Home-Schooled?](#)
- 345. [What Can Other Schools Learn — and Copy — From Your School?](#)
- 346. [What Do You Hope to Get Out of High School?](#)
- 347. [What Are Your Thoughts on Riding the School Bus?](#)
- 348. [Do You Feel Your School and Teachers Welcome Both Conservative and Liberal Points of View?](#)
- 349. [Do You Want to Be ‘Promposed’ To?](#)
- 350. [How Big a Problem Is Bullying or Cyberbullying in Your School or Community?](#)
- 351. [Can Students at Your School Talk Openly About Their Mental Health Issues?](#)
- 352. [What Career or Technical Classes Do You Wish Your School Offered?](#)

Learning & Studying

- 353. [Do You Have Too Much Homework?](#)
- 354. [Do You Need a Homework Therapist?](#)
- 355. [What’s the Most Challenging Assignment You’ve Ever Had?](#)
- 356. [Are You Afraid of Math?](#)
- 357. [How Would You Do on a Civics Test?](#)
- 358. [What Was Your Favorite Field Trip?](#)
- 359. [What Are Your Best Tips for Studying?](#)
- 360. [What Kind of Time Management Skills Are You Learning from the Adults in Your Life?](#)
- 361. [What Would You Like to Have Memorized?](#)

Teachers

- 362. [What Do You Wish Your Teachers Knew About You?](#)
- 363. [When Has a Teacher Inspired You?](#)
- 364. [What Teacher Would You Like to Thank?](#)
- 365. [Have You Ever Been Humiliated by a Teacher? How Did it Affect You?](#)
- 366. [Have Your Teachers or Textbooks Ever Gotten It Wrong?](#)
- 367. [Does Your Teacher's Identity Affect Your Learning?](#)
- 368. [Has a Teacher Ever Changed Your Mind-Set?](#)
- 369. [Do You Have a Tutor?](#)

College

- 370. [What Personal Essay Topic Would You Assign to College Applicants?](#)
- 371. [How Prepared Are You For College? How Well Do You Think You'll Do?](#)
- 372. [What Worries You Most About the College Admissions Process?](#)
- 373. [What Worries Do You Have About College?](#)
- 374. [What Role Has Community College Played in Your Life or the Life of Someone You Know?](#)
- 375. [What Qualities Would You Look For in a College Roommate?](#)
- 376. [Would You Want to Take a Gap Year After High School?](#)
- 377. [Do You Intend to Study Abroad While You Are in College?](#)
- 378. [Are You Worried About the Rising Cost of Attending College?](#)
- 379. [Do You Want Your Parents to Live Nearby When You Go to College?](#)
- 380. [What Specialty College Would You Create?](#)

Work & Careers

- 381. [What Do You Want to Be When You Grow Up?](#)
- 382. [Do You Have a Life Calling?](#)
- 383. [What's Your Dream Job?](#)
- 384. [Would You Pursue a Career If You Knew You Likely Would Not Make Much Money?](#)
- 385. [What Jobs Are You Most Curious About?](#)
- 386. [Will You Follow in Your Parents' Footsteps?](#)
- 387. [Would You Consider Moving Overseas for a Job?](#)
- 388. [Would You Want to Be a Teacher?](#)
- 389. [Would You Rather Work From Home or in an Office?](#)

- 390. [What 'Back-to-the-Land' Skills Do You Have, or Wish You Had?](#)
- 391. [What Skill Could You Teach in Two Minutes?](#)
- 392. [What Have You Made Yourself?](#)
- 393. [Do You Have an Idea for a Business or App?](#)
- 394. [How Did You Start Doing Something You Love?](#)
- 395. [Did You Ever Take a Break From Doing Something You Love?](#)
- 396. [Would You Quit if Your Values Did Not Match Your Employer's?](#)
- 397. [Do Your Summer Plans Include Employment?](#)

Friendship

- 398. [Do You Have Satisfying Friendships?](#)
- 399. [How Alike Are You and Your Friends?](#)
- 400. [Do You Have Any Unlikely Friendships?](#)
- 401. [Do You Like Your Friends?](#)
- 402. [Do You Have a Best Friend?](#)
- 403. [Have You Ever Been Left Out?](#)
- 404. [Do You Ever Feel Lonely?](#)
- 405. [How Often Do You Spend One-on-One Time With Your Closest Friends?](#)
- 406. [How Do You Feel About Introducing Friends from Different Parts of Your Life?](#)
- 407. [Do You Find It Easier to Make New Friends Online or In Person?](#)
- 408. [How Good a Friend Are You?](#)
- 409. [How Have You Helped a Friend in a Time of Need?](#)
- 410. [Is Competitiveness an Obstacle to Making or Keeping Friendships?](#)
- 411. [How Should You Handle the End of a Friendship?](#)

Dating

- 412. [Are You Allowed to Date?](#)
- 413. [Is Dating a Thing of the Past?](#)
- 414. [What Advice Would You Give to Somebody Who Just Started Dating?](#)
- 415. [How Do You Think Technology Affects Dating?](#)
- 416. [Have You Ever Been in Love?](#)
- 417. [How Much of a Romantic Are You?](#)
- 418. [Have You Ever Been Ghosted?](#)
- 419. [What's the Best Way to Get Over a Breakup?](#)
- 420. [Would You Want to Be Proposed to on a Jumbotron?](#)

421. [If You Get Married Someday, Do You Think You Will Change Your Last Name?](#)

Sports & Games

- 422. [Why Do You Play Sports?](#)
- 423. [Have You Ever Learned Something From a Professional Athlete?](#)
- 424. [How Would You Change Your Favorite Sport?](#)
- 425. [Does Being a Fan Help Define Who You Are?](#)
- 426. [What Kinds of Games and Puzzles Do You Like?](#)
- 427. [What Are Your Favorite Board Games?](#)
- 428. [Are You a Good Driver?](#)

Travel

- 429. [Where Do You Want to Travel?](#)
- 430. [What Is Your Most Memorable Family Vacation?](#)
- 431. [How Would You Spend Your Ideal Family Vacation?](#)
- 432. [What Do You Think You Would Learn From Traveling to All 50 States?](#)
- 433. [What Would Your Fantasy Road Trip Be Like?](#)
- 434. [What Crazy Adventure Would You Want to Take?](#)
- 435. [What Local 'Microadventures' Would You Like to Go On?](#)
- 436. [How Has Travel Affected You?](#)
- 437. [What Kind of Tourist Are You?](#)
- 438. [What Are the Best Souvenirs You've Ever Collected While Traveling?](#)
- 439. [What Famous Landmarks Have You Visited?](#)
- 440. [What's the Coolest Thing You've Ever Seen in Nature?](#)
- 441. [Would You Like to Live in Another Country?](#)
- 442. [If You Could Time-Travel, Where Would You Go?](#)

Shopping, Looks & Fashion

- 443. [What's Your Favorite Store?](#)
- 444. [Could You Stop Shopping for an Entire Year?](#)
- 445. [Are You an Ethical Consumer?](#)
- 446. [Do Politics Ever Influence How or Where You Shop?](#)
- 447. [What Is Your All-Time Favorite Piece of Clothing?](#)
- 448. [Are You a Sneaker Head?](#)
- 449. [Do You Wear Clothes for the Logo?](#)
- 450. [Would You Like to Be a Fashion Model?](#)

- 451. [What's Your Favorite T-Shirt?](#)
- 452. [What Does Your Hairstyle Say About You?](#)
- 453. [How Do You Feel About Your Body?](#)
- 454. [Have You Inherited Your Parents' Attitudes Toward Their Looks?](#)
- 455. [What's Your Favorite Room?](#)

Exercise, Health & Sleep

- 456. [What Rules Do You Have for Staying Healthy?](#)
- 457. [Do You Like to Exercise?](#)
- 458. [Do You Get Enough Exercise?](#)
- 459. [How Has Exercise Changed Your Health, Your Body or Your Life?](#)
- 460. [Do You Vape?](#)
- 461. [How Do You Get Your Nature Fix?](#)
- 462. [How Strong Is Your Sense of Smell?](#)
- 463. [What's Your Favorite Mood Booster?](#)
- 464. [Do You Have Any Bad Health Habits?](#)
- 465. [Do You Learn Better After Moving Around?](#)
- 466. [How Often Do You Engage in 'Fat Talk'?](#)
- 467. [Do You Pay Attention to Nutrition Labels on Food?](#)
- 468. [What Are Your 'Food Rules'?](#)
- 469. [What Are Your Healthy Habits?](#)
- 470. [What Health Tips Have Worked for You?](#)
- 471. [What Are Your Sleep Habits?](#)
- 472. [Do You Get Enough Sleep?](#)

Meals & Food

- 473. [What Foods Bring Up Special Memories for You?](#)
- 474. [What Are the Most Memorable Meals You've Ever Had?](#)
- 475. [Are You Now, or Have You Ever Been, a Picky Eater?](#)
- 476. [What Foods Best Represent Your Hometown?](#)
- 477. [Have You Ever Experienced Food Insecurity?](#)
- 478. [What's Your Favorite Holiday Food Memory?](#)
- 479. [What Convenience Foods Make You Happy?](#)
- 480. [How Do You Like Your Pizza?](#)
- 481. [What Are Your Favorite Junk Foods?](#)
- 482. [What's Your Favorite Candy?](#)
- 483. [What's Your Favorite Sandwich?](#)
- 484. [What Food Would You Like to Judge in a Taste-Off?](#)
- 485. [Do You Cook?](#)
- 486. [What Would You Most Like to Learn to Cook or Bake?](#)

- 487. [What Messages About Food and Eating Have You Learned From Your Family?](#)
- 488. [How Often Does Your Family Eat Together?](#)
- 489. [What Are Your Favorite Restaurants?](#)
- 490. [What Restaurant Would You Most Like to Review?](#)
- 491. [What Do You Eat During the School Day?](#)

Holidays & Seasons

- 492. [How Do You Celebrate Your Birthday?](#)
- 493. [How Much Scare Can You Handle in Your Halloween Entertainment?](#)
- 494. [Did You Take Part in Any Thanksgiving or Post-Holiday Traditions?](#)
- 495. [What Will You Talk About on Thanksgiving?](#)
- 496. [What Has Been Your Most Memorable Thanksgiving?](#)
- 497. [What Do You Look Forward to Most — and Least — During the Holiday Season?](#)
- 498. [What Are Your Tips for Enjoying the Holiday Season?](#)
- 499. [What Does Santa Claus Mean to You?](#)
- 500. [How Do You Fight the Winter Blues?](#)
- 501. [How Do You Feel About Valentine’s Day?](#)
- 502. [What Would Your Ideal Summer Camp Be Like?](#)
- 503. [What’s Your Favorite Summer Food?](#)
- 504. [Do You Choose Summer Activities to Look Good on Applications?](#)
- 505. [What’s the Most Memorable Thing That Happened to You This Summer?](#)

Animals & Pets

- 506. [What Are the Animals in Your Life?](#)
- 507. [What Have You Learned From Animals?](#)
- 508. [What’s Your Relationship Like With Your Pet?](#)
- 509. [What Are Your Thoughts on Cats?](#)
- 510. [Would You Want to Hang Out at a Cat Cafe?](#)
- 511. [How Do You Feel About the Spiders, Insects and Other Tiny Creatures in Your Home?](#)

Environment

- 512. [How Concerned Are You About Climate Change?](#)
- 513. [How Do You Try to Reduce Your Impact on the Environment?](#)
- 514. [Do You Ever Feel Guilty About What, or How Much, You Throw Away?](#)
- 515. [How Much Food Does Your Family Waste?](#)
- 516. [What Could You Live Without?](#)

- 517. [Would You Change Your Eating Habits to Reduce Your Carbon Footprint?](#)
- 518. [Could You Live ‘Plastic Free’?](#)

History, Politics & Current Events

- 519. [What Event in the Past Do You Wish You Could Have Witnessed?](#)
- 520. [What National or International Events That You Lived Through Do You Remember Best?](#)
- 521. [Is Your Online World Just a ‘Filter Bubble’ of People With the Same Opinions?](#)
- 522. [Do You Ever Get the ‘Bad News Blues’?](#)
- 523. [Have You Ever Changed Your Mind About a Hot-Button Issue?](#)
- 524. [What Do American Values Mean to You?](#)
- 525. [How Much Do You Know About the Rest of the World?](#)

If Only ...

- 526. [Would You Want to Live Forever?](#)
- 527. [Would You Want to Live a Life Without Ever Feeling Pain?](#)
- 528. [If You Had an Extra Billion Dollars, What Cause Would You Support With Your Philanthropy?](#)
- 529. [Are You Hopeful About the Future?](#)
- 530. [If the World Was Ending, What Would You Want to Say?](#)
- 531. [Would You Like to Be Famous?](#)
- 532. [Would You Like to Be Cryogenically Preserved \(Frozen!\) Upon Your Death?](#)
- 533. [Would You Like to Be a Farmer?](#)
- 534. [What Items Would You Place in a Time Capsule for Future Generations?](#)
- 535. [What Fantasy Invention Would You Want to Exist in Reality?](#)
- 536. [What Do You Want to Be Known for After Your Death?](#)
- 537. [Do You Like Your First Name? Would You Change It if You Could?](#)
- 538. [What Would You Do if You Won the Lottery?](#)
- 539. [What Era Do You Wish You Had Lived In?](#)
- 540. [Would You Want to Be a Child Prodigy?](#)
- 541. [What Kind of Robot Would You Want?](#)
- 542. [What Would You Outsource if You Could?](#)
- 543. [What Would You Like to Learn on Your Own?](#)
- 544. [What Would You Be Willing to Wait in a Really Long Line For?](#)
- 545. [Do You Want to Live to 100?](#)

546. [Given Unlimited Resources, What Scientific or Medical Problem Would You Investigate?](#)
547. [What Scientific Mysteries Do You Want Solved?](#)
548. [What Idea Do You Have That Is Ahead of Its Time?](#)
549. [How Would Your Life Be Different if You Had Better Listening Skills?](#)
550. [What Do You Want Your Obituary to Say?](#)